

# Sleep Medicine & Polysomnography Topics 2024

August 17 and 18, 2024

**AAST Program Number A31872 (18.5 CECs) \***

## Agenda



### **Saturday, August 17, 2024**

6:00 AM – 7:00 AM	Registration, Welcome and Pre-Test
7:00 AM – 8:00 AM	Narcolepsy & MSLT: An Update (60 minutes) Antonio Padua, MD
8:00 AM – 9:00 AM	Sleep Related Breathing Disorders & Cardiac Dysrhythmias (60 minutes) Karl Lang, MD
9:00 AM - 10:00 AM	Under the covers: Diagnosis and Treatments of Insomnia (60 minutes) Edgardo Prieto, MD
10:00 AM - 10:15 AM	Break
10:15 AM – 11:15 AM	Obstructive Sleep Apnea & Obesity: An Update (60 minutes) George P. Fahed Iñigo, MD
11:15 AM – 12:15 PM	Non-Invasive Mechanical Ventilation In Neuromuscular Patients (60 minutes) Ruth A Santos, MD
12:15 PM – 1:00 PM	Lunch – ResMed VPAP™ ST with iVAPS Indications, Settings and Follow Up (45 minutes) Tammy Muth – Davis, BS, RRT, RPSGT
1:00 PM - 2:00 PM	Non Invasive Mechanical Ventilation In Neuromuscular Patients (60 minutes) Ruth A Santos , MD
2:00 PM – 3:00 PM	Sleep Related Breathing Disorders in the ICU (60 minutes) Maria T Vega Martinez, MD
3:00 PM – 3:15 PM	Break
3:15 PM – 4:45 PM	Circadian Rhythm Disorders: Diagnosis and Treatment (90 minutes) Jonathan Torrens Olan, MD
4:45 PM – 5:45 PM	Insomnia: ICSD 3 Review (60 minutes) Javier Torres, MD
5:45 PM – 6:00 PM	Questions & Answers

**Sunday, August 18, 2024**

6:00 AM – 7:00 AM	Registration and Welcome
7:00 AM – 8:00 AM	PAP NAP Evaluation & Mask Interfaces Selection: Our Experience (60 minutes) Angelica Benitez Yusti, RPSGT
8:00 AM – 9:00 AM	Home Sleep Apnea Testing: Review (60 minutes) Hector Collazo, MD
9:00 AM - 10:00 AM	Artificial Intelligence Use in Sleep Medicine Part I (60 minutes) Joseph Castillo, MD, BSN, RN, RPSGT, CCSH, RST, FAASM, FFAST
10:00 AM - 10:15 AM	Break
10:15 AM – 11:15 AM	Artificial Intelligence Use in Sleep Medicine Part II (60 minutes) Joseph Castillo, MD, BSN, RN, RPSGT, CCSH, RST, FAASM, FFAST
11:15 AM – 12:15 PM	OSAS & COPD Overlap Syndrome (60 minutes) Greysa Gonzalez, MD
12:15 PM – 1:00 PM	Lunch – Yust Sleep Education BRPT Approved Program - Promotional Angelica Benitez Yusti, RST, RPSGT CEO
1:00 PM - 2:00 PM	Medications & Sleep (60 minutes) Daniel E Font Rivera, MD, MPH
2:00 PM – 3:00 PM	Sleep Endocrinology (60 minutes) Claudia Quiles, MD
3:00 PM – 3:15 PM	Break
3:15 PM – 4:15 PM	Restless Legs Syndrome: UpDate (60 minutes) Ivanisse Ortiz Velez, MD
4:15 PM – 5:15 PM	Mandibular Repositioning Devices (OA) in OSAS: Our experience (60 minutes) Luis A de Jesus Vargas, MD, MBA, RPSGT, RST, FCCP, FACP
5:15 PM – 5:30 PM	Questions & Answers and Post Test Discussion

**\* “American Association of Sleep Technologists CEC Program Application has been approved for 18.5 CECs.”**

**Zoom Meeting 813 0424 9418**

**Para mas informacion y/o pago por ATH Movil: (787) 637 – 0256 Sra Maribel Marrero Ortiz**

**Registration Fee \$250.00 with Continuing Education Credits for Polysomnographic Technologists\***

Name: \_\_\_\_\_

Health Profession: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP CODE \_\_\_\_\_

Tel: \_\_\_\_\_ E Mail: \_\_\_\_\_@\_\_\_\_\_